### **Directions**

Twin Valley Behavioral Healthcare 2200 West Broad St. Columbus, OH 43223 614-752-0333

#### **Once on Campus:**

Follow the curving driveway and turn right at the first "street" toward the admission entrance. Watch for green "Conference" signs. We will be meeting in the TVBH North Wing Conference Room. It is on the left, past the admissions area and medical lab.

### **Objectives:**

- 1. Participants will co-write at least 2 songs with other participants CBMT II.A.5.f.
- 2. Participants will learn 3 accompaniment patterns: CBMT II.A.5.i.
- 3. Participants will learn 3 common chord progressions CBMT II.A.5.d
- 4. Participants will display creativity by writing one spot/improvised song CBMT II.A.5.0

### **Association of Ohio Music Therapists**

The mission of AOMT is to provide educational and networking opportunities to enrich music therapists and the field of music therapy; advocate for the profession and music therapists within the state; educate consumers and the community at large, and promote the exchange of ideas to assist music therapists and other related professionals in better meeting the needs of their clients.



# Association of Ohio Music Therapists

Proudly presents:

## Going the Distance:

Revving Up Your Clinical Songwriting and Accompanying Skills

Tracy Richardson, Ph.D., MT-BC

Saturday, June 4 9:30 am – 3:00 pm

Twin Valley Behavioral Healthcare 2200 West Broad Street Columbus OH 43223 614-752-0333

"Going the Distance: Revving Up Your Clinical Songwriting and Accompanying Skills" is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The Great Lakes Region of the American Music Therapy Association, #P-021, maintains responsibility for the program quality and adherence to CBMT Policies and Criteria.

### **REGISTRATION FORM**

\*Also available at www.aomt.org under Events

Name:
Address:
City/State/Zip:
Phone: ()
Email:
Please check one for CMTE:
\$40.00 Professional AOMT Member
\$60.00 Professional Non-AOMT Member
\$20.00 Student/Intern AOMT Member
\$40.00 Student/Intern Non-AOMT Mem.
AOMT Membership Registration (if joining)
\$9 Student/Intern Membership
\$15 Professional Membership
\$Total Amount Enclosed (Checks to Association of Ohio Music Therapists)
Please mail the completed registration form by Friday, May 27 to:
Stephanie H. Morris, MT-BC Neurologic Music Therapist 72 Maplewood Drive Athens, Ohio 45701

### Schedule for the Day Saturday, June 4

9:15-9:30	Registration
9:30-9:40	Goals and objectives, Ground rules Writing the first song
9:40-10:00	What is "songwriting"?, Why use songwriting as a clinical intervention?, Populations and goals, Songwriting categories, Songwriting spectrum, Questions to ask yourself
	before starting
10:00-10:30	Strategic songs, Musical elements, Small groups write strategic songs,
10:30-10:50	Share, evaluate, critique songs Accompaniment patterns (1), Chord progressions and styles (1), Chord Progressions (2)
10:50-11:00	Break
11:00-11:30	Time to play, Modes refresher, Chord progressions and styles (3)
11:30-12:00	Accompaniment patterns (2), Time to play, Creating lyrics, Creating melodies
12:00-1:00	LUNCH BREAK
1: 00-1:30	Process songs, Small groups write process songs, Share, evaluate, critique songs
1:30-2:00	Spot songs, Dyads write spot songs, Share, evaluate, critique songs
2:00-2:30	Breakout sessions (Try accompaniments, chord progressions, write a song alone or with a partner, etc). Review
2:30-3:00	Show your stuff Summary, Questions, Closing song

posttest

### Participants please note:

- ♪ Please dress comfortably.
- Student/Intern participation is encouraged!
- ♪ Lunch will be served
- ↑ Cancellation/Refund Policy: Cancellation request must be submitted in writing to Amy Foley by May 27, 2016 in order to receive a refund, less 10%. No refunds will be granted after that time for any reason.
- Questions? Contact Amy Foley, MMT, MT-BC at vicepresident@aomt.org

Description: The focus of this CMTE will be on developing your clinical songwriting and accompaniment skills so you can "go the distance" with your clients. Songwriting ranges from very simple piggybacking experiences to writing full blown songs with original lyrics and music; this workshop will focus on short songwriting experiences and on building your clinical songwriting skills in small groups. You will also learn various chord progressions and accompaniment patterns used in a variety of contemporary music styles (country, pop, alternative, etc.). The overall goal of this hands-on workshop is to give you the knowledge, practice, and skills needed to increase clinical effectiveness.

### Tracy Richardson, Ph.D., MT-BC

Dr. Richardson holds a BS in Music Therapy and Ph.D. in Counselor Education. She is a Professor of Music Therapy at SMWC, a clinician who uses clinical songwriting with persons with cancer and mental health challenges, and is an active singer/songwriter/performer.