

Definition:

Music therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.

(American Music Therapy Association 2011.)

What do music therapists do?

- Use music experiences, both instrumental and vocal, designed to facilitate changes
- Use individual assessment, treatment planning, and ongoing program evaluation
- Use performing, composing, listening, and improvisational experiences to implement a vast continuum of outcomes
- Address goals which may include a reduction of pain and anxiety, stress and symptom management, communication, social skills, and developmental skills
- Provide a form of sensory stimulation, which provokes responses due to the familiarity, predictability, and feelings of security when other forms of therapy may encounter resistance. (American Music Therapy Association, 2011)

For more information

American Music Therapy Association (AMTA)
musictherapy.org

Certification Board for Music Therapists (CBMT)
cbmt.org

Association of Ohio Music Therapists (AOMT)
aomt.org

Ohio Music Therapy Task Force Members

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**Ohio Schools Offering Approved Degree Programs in Music Therapy
Cleveland Consortium:**

- Baldwin Wallace College: bw.edu
- College of Wooster: wooster.edu

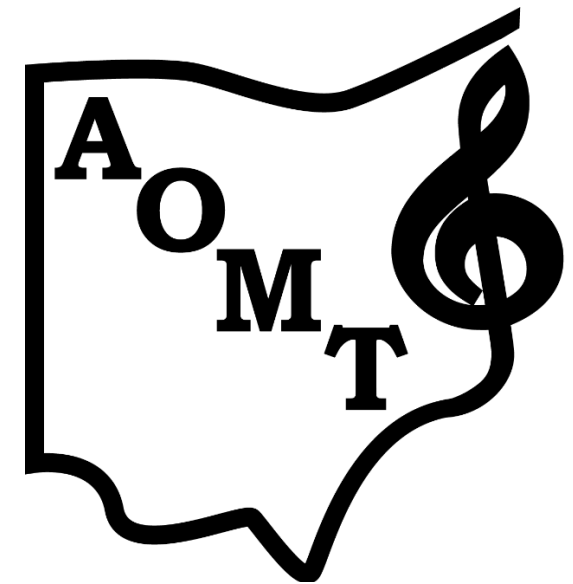
Cleveland State University: csuohio.edu

Ohio University*: ohio.edu

University of Dayton: udayton.edu

*denotes graduate degree programs.

Ohio Music Therapy



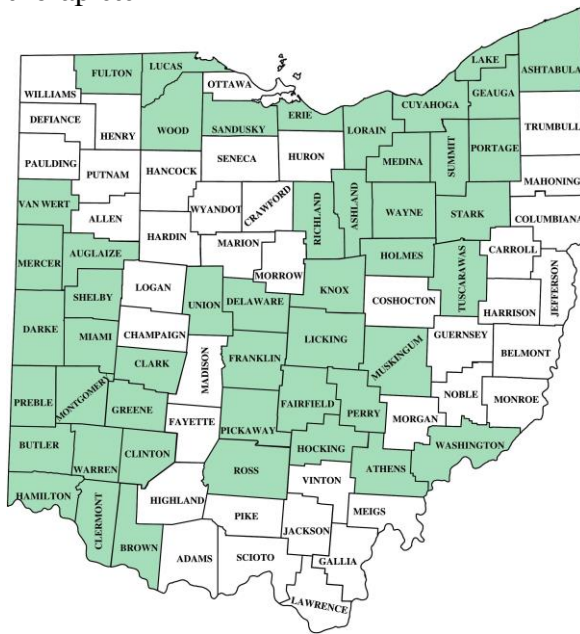
**SERVING OVER
30,000 CLIENTS
IN 48 COUNTIES ACROSS
THE BUCKEYE STATE**

MT-BC Recognition

Given that music therapy is a skilled profession, qualified music therapists in Ohio, along with the American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT), strongly recommend that “music therapy” and the accompanying credential of “Music Therapist-Board Certified (MT-BC)” become protected titles within the state. ***This is essential for protecting the public and for increasing access to services.***

A Glance at Ohio

Shaded counties are serviced by music therapists



Did you know?

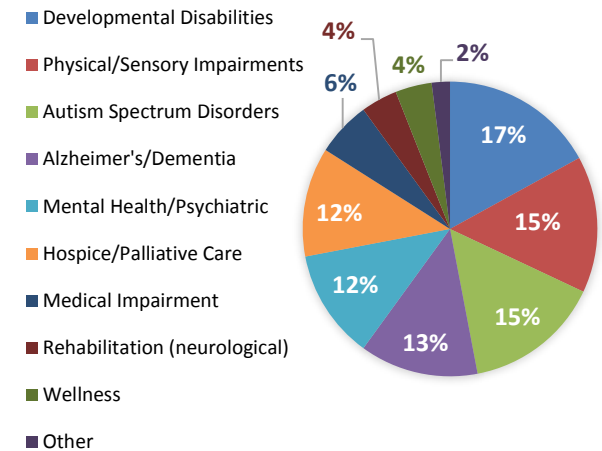
- **Almost 70% of MT-BCs** in Ohio have been practicing for over 5 years, while almost 50% have been practicing over 10 years
- 25% of Ohio MT-BCs are self-employed
- Ohio MT-BCs work in a **variety of settings** including: schools, therapy centers, hospitals, nursing homes, early intervention facilities, mental health facilities, group homes, hospice care, rehabilitation, private practice and in client's homes

- Ohio MT-BCs **work with all ages** of clients, from babies in Neo-Natal units to the elderly facing end of life
- Ohio MTs average between 5-40 sessions a week, some **seeing over 100 clients per month**
- Over 41% of Ohio MT services are paid for through private payers, grants and/or donations

How does Ohio compare?

- There are currently **13 Music Therapy Internships** in Ohio – the most of any state in the Great Lakes Region
- Ohio boasts the **5th highest number** of board certified music therapists in the United States

OHIO MUSIC THERAPISTS' CLIENT POPULATIONS



The Ohio Administrative Code

Music therapy is listed within the OAC, both under the Departments of Mental Health and Job and Family Services

- 5122-29-30 for eligible providers and supervisors - A checklist can be found in Appendix B and lists MT-BCs in 13 areas as a provider and 4 areas as a supervisor
- 5122-14-21 for Psychiatric Hospitals and Units
- 5122-24 Certification Definitions definition 63
- 5101:2-25-01 (N) Day Treatment Services for Children